



Republic of the Philippines  
Department of Education  
REGION X  
DIVISION OF CAGAYAN DE ORO CITY

Office of the Schools Division Superintendent

July 25, 2022

Memorandum  
No. 219 s. 2022

ED-DIVISION OF CAGAYAN DE ORO CITY  
CAGAYAN DE ORO CITY  
**RELEASED**  
DATE: JUL 26 2022

**PARTICIPATION ON THE FOUNDATIONAL COURSE TRAINING OF  
ADOLESCENT HEALTH FOR ALL ALTERNATE ADOLESCENT REPRODUCTIVE  
HEALTH FOCAL PERSONS AND OTHER DEPED TEACHING AND  
NON-TEACHING PERSONNEL**

**To: DR. MARK B. MESO III- Medical Officer III  
MARIE NIKKI JO L. VALMORIA- OKD-ARH-Co-FOCAL  
EISELYN L. SALIDO- OKD-ARH-FOCAL  
CONCERNED SECONDARY SCHOOL HEADS  
CONCERNED POPDEV/ARH COORDINATORS  
CONCERNED DESIGNATE/ LICENSED GUIDANCE COUNSELORS**

1. With reference to Regional Memorandum No.437, s.2022 on Foundational Course on Adolescent Health for All Alternate Adolescent Reproductive Health Focal Persons and Other DepED Teaching and Non-Teaching Personnel along with the guidelines of OUA MEMO 00-0422-012 from the Office of the Director of Bureau of Learner Support Services (BLSS) -Central Office dated March 17, 2022 , all concerned are hereby directed to attend the above-mentioned activity on **August 4-5, 2022** at **Pearlmount Hotel**, Cagayan de Oro City.
2. Attached are List of participating schools, Training Matrix and the regional communication dated July 15, 2022 for your reference.
3. The participating teachers are advised to bring laptops and select one student for the Virtual Interview using the HEEADSSS- psychosocial assessment which shall secure parent's consent for the said purpose. Granting of the service credits shall be given after complying with all the training requirements.
4. Health and safety protocols per IATF Guidelines of the city on a Progressive Face-to-Face undertakings shall be accordingly observed.



Address: Fr. William F. Masterson Avenue, Upper Balulang, Cagayan de Oro City  
Telephone: (08822) – 8550048



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**DIVISION OF CAGAYAN DE ORO CITY**

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5. In adherence to Equal Opportunity Principle (EOP), inclusive and treatment are accorded to all personnel regardless of disability, sexual orientation, gender, religion and ethnicity.
6. For further questions and queries, please contact Ms. Edselyn L. Salido thru 0917-136-7525.
7. Compliance to this memorandum is desired.

**CHERRY MAE L. LIMBACO-REYES**  
Schools Division Superintendent

Encl.:as stated  
To be indicated in the Perpetual Index  
Under the following subjects:  
DepED-CO-BLSS      FCTAH-B4  
OKD-CDO/bing



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**FOUNDATIONAL COURSE TRAINING ON ADOLESCENT HEALTH FOR ALL  
ALTERNATE ADOLESCENT REPRODUCTIVE HEALTH FOCAL PERSONS AND  
OTHER DEPED TEACHING AND NON-TEACHING PERSONNEL**

**LIST OF IDENTIFIED SCHOOLS**

No.	Schools	No. of Participants
1	Angeles Sisters NHS	2
2	Balubal NHS	1
3	Balulang NHS	1
4	Bayabas NHS	2
5	Bugo NHS	2
6	CDO NHS Jr.	2
7	Indahag NHS	1
8	Macabalan NHS	2
9	Macasandig NHS	2
10	Puntod NHS	2
11	Puerto NHS	1
12	Tumpagon NHS	1
	<b>Total</b>	<b>19</b>

**TECHNICAL WORKING GROUP**

DATE	NAME OF STAFF	TIME
<b>August 4-5, 2022</b>	Dr. Myra G. Yee Rodgelyn P. Amante Marie Nikki Jo M. Valmoria Edselyn L. Salido	8AM- 5PM



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Telephone: (08822) – 8550048

**FOUNDATIONAL COURSE TRAINING FOR ADOLESCENT HEALTH: REGIONAL ROLL-OUT  
Matrix of Activities**

Day 1- Thursday (August 4, 2022)

Opening Program Facilitator: Edselyn L. Salido

Program Proper Facilitator: Dr. Myra G. Yee

<b>Time</b>	<b>Session/Topic/Activity</b>	<b>Person In-Charge</b>
7:30AM- 8:00AM	Registration	
8:30 AM	Opening Program National Anthem Prayer Rehiyon Diyes March Welcome Remarks Introduction/Recognition of Participants Rationale of the Activity by Focal Person Message of Support by RO-X- ESSD  Inspirational Message Pretest Proper	IT Team AVP AVP AVP <b>Dr. Myra G. Yee</b>  <b>Chief Myron Gil D.Talosig</b> <b>Dir. Arturo B. Bayocot</b> <b>Rodgelyn P. Amante</b>
9:30 AM	<b>MODULE 1: Understanding of the Adolescent</b> <b>Session 1: Stages of Development</b>	Dr. Myra G. Yee
10:30 AM	<b>Session 2: Inner Workings of the Adolescent</b>	
11:30 AM	<b>Session 3: Gender and Health</b>	
12:00 noon	LUNCH BREAK	
1:00 PM	<b>MODULE 2: Responding To The Adolescent</b> <b>Session 1: HEADSSS</b> <ul style="list-style-type: none"> <li>○ <b>Activity 1.1 Screening Tool</b></li> <li>○ <b>Activity 1.2 Interview Protocol</b></li> </ul>	Edselyn L. Salido, R.N.
3:00 PM	<b>Session 2: Being Adolescent- Client Friendly</b>	
3:30 PM	<b>Session 3: Gaining Adolescents Trust</b> <b>Session 4: Advising Parents with Adolescents</b>	
4:30 PM	<b>Submission of Recorded HEADSSS tool interview Assignment</b>	

Day 2: Friday (August 5, 2022)

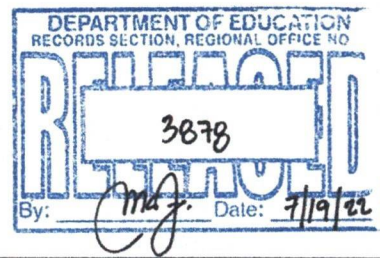
<b>Time</b>	<b>Session/ Topic/ Activity</b>	<b>Person In- Charge</b>
8:00 AM	Prayer Recap Checking of Activity output	
8:20 AM	<b>MODULE 3: Moving Towards Adolescent Friendly Health Services</b> <b>Session 1: The Adolescent Health Friendly Facility</b>	Rodgelyn P. Amante,RN
9:20 AM	<b>Session 2: Improving Quality of Adolescent Care</b>	
10:00 AM	<b>Session 3: Laws and Policies</b>	DOH10
11:00 AM	○ <b>Activity 3.1 Case Analysis</b>	

**Day 2: Friday (August 5, 2022)**

<b>Time</b>	<b>Session/ Topic/ Activity</b>	<b>Person In-charge</b>
	<b>LUNCH BREAK</b>	
1:00 PM	<b>Workshop Proper/ Breakout Session by Division/ Office</b> Review of the Division/School's Action Plan Identification of CSE-ASRH Converged Implementation	
3:00 PM	<b>Presentation of Outputs</b>	<b>Division/School Representative</b>
3:40 PM	<b>Post Test</b>	
4:00 PM	<b>Synthesis</b> <b>Closing Remarks</b> Distribution of Certificates	



Republic of the Philippines  
**Department of Education**  
 REGION X – NORTHERN MINDANAO



July 15, 2022

REGIONAL MEMORANDUM  
 No. 437, s. 2022

**FOUNDATIONAL COURSE ON ADOLESCENT HEALTH  
 FOR ALL ALTERNATE ADOLESCENT REPRODUCTIVE HEALTH FOCAL PERSONS  
 AND OTHER DEPED TEACHING AND NONTEACHING PERSONNEL**

To: Assistant Regional Director  
 Schools Division Superintendents  
 All Others Concerned

- Supporting the provision of friendly and responsive adolescent health care through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), the Department of Education (DepEd) implemented the Foundational Course on Adolescent Health.
- The training course program shall be cascaded by the trained Regional and Division Adolescent Reproductive Health (ARH) Focal Persons to other DepEd teaching and nonteaching personnel, including all guidance counselors and designates in all Schools Division Offices (SDOs).
- The regional and division cascading will be at Pearlmont Hotel, Cagayan de Oro City, on August 4- 5.
- The participants from Region X will be the following personnel from the Regional Office (RO), Division of Cagayan de Oro City, Division of Misamis Oriental Division, and 12 other SDOs (ARH Alternate focal).

<b>Regional Office Budget</b>	<b>Division of Cagayan de Oro City Budget</b>	<b>Division of Misamis Oriental Budget</b>
1 ARH Focal	20 from CSE-ARH pilot schools	20 from CSE-ARH pilot schools
1 CSE Focal	2 ARH Division Focals	2 ARH Division Focals
1 ARH Alternate Focal	1 Medical Officer	1 Medical Officer
1 CSE Alternate Focal persons		
12 SDOs Alternate ARH Focal (except Cagayan de Oro and Misamis Oriental Divisions)		



DepEd Regional Office X, Zone 1, Upper Balulang, Cagayan de Oro City  
 (088) 856-3932 | (088) 881-3137 | (088) 881-3031  
 Department of Education Region 10  
 region10@deped.gov.ph  
 http://doned10.com



5. The combined budget from the Regional Office (RO) and the Divisions of Misamis Oriental and Cagayan de Oro City will cover meals (snacks and lunch for two days training) from 8:00 a.m. to 5:00 p.m. However, due to fund shortage, the travel expenses, including per diems and accommodation (overnight or two) of distant SDO alternates ARH focal person, will be charged against the funds of the sending division.

6. Attached for reference is the OUA MEMO 00-0422-012.

7. This Office directs the immediate and wide dissemination of this Memorandum.



**DR. ARTURO B. BAYOCOT, CESO III**  
Regional Director

ATCH.: As stated

\* Foundational Course on Adolescent Health.

ESSD/mgy



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Republika ng Pilipinas

## Kagawaran ng Edukasyon

Tanggapan ng Pangalawang Kalihim

**OUA MEMO 00-0422-012**

**MEMORANDUM**

17 March 2022

For: **Regional Directors  
Schools Division Superintendents**

Subject: **GUIDELINES ON THE UTILIZATION OF FUNDS  
FOR THE CASCADING OF THE FOUNDATIONAL COURSE  
ON ADOLESCENT HEALTH**

To continuously support the provision of friendly and responsive adolescent health care, the Office of the Undersecretary for Administration (OUA) through the Bureau of Learner Support Services-School Health Division (BLSS-SHD) implemented the **Foundational Course on Adolescent Health**.

**The same program shall be cascaded** by the trained Regional and Division Adolescent Reproductive Health (ARH) Focal Persons to other DepEd teaching and non-teaching personnel, including all guidance counselors and designates in their jurisdiction within CY2022. Please note that the course materials shall be shared to ARH Focal Persons.

Kindly refer to the following guidelines on the utilization of funds for the cascading of the course:

1. The funds shall be utilized to support expenses in the conduct of virtual or face-to-face trainings (e.g., materials, food, honorarium of speakers, traveling, and venue or online platform).
2. The budget allocation per Regional Office (RO) and Schools Division Office (SDO) is P30,000.00. ROs shall sub-allot this amount to the respective SDOs.
3. ROs and SDOs are enjoined to augment for any other needs that may not be sufficiently covered by the downloaded funds.
4. As a core strategy of Oplan Kalusugan sa DepEd (OKD), forming of partnerships to support the conduct of activities is highly encouraged.



### **Office of the Undersecretary for Administration (OUA)**

*[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]*

Department of Education, Central Office, Meralco Avenue, Pasig City  
Rm 519, Mabini Bldg; Mobile: +639260320762; Tel: (+632) 86337203, (+632) 86376207  
Email: usec.admin@deped.gov.ph; Facebook/Twitter @depedtayo



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5. Related activities shall consider the current “new normal” set-up (i.e., no face-to-face classes, schools remaining physically closed for learners, distance learning, etc.), as well as the overall COVID-19 response of the Department such as efforts to promote vaccination.
6. All activities shall be made in accordance with the usual accounting and auditing rules and regulations.

For more information, queries and concerns on this subject, please contact Dr. Maria Corazon C. Dumlao (Chief Health Program Officer) and Ms. Lien Ivy C. Callado (Health Education and Promotion Officer II) of BLSS-SHD through (02) 8632 9935 and email at [arh@deped.gov.ph](mailto:arh@deped.gov.ph) .

For information and strict compliance.

  
**ALAIN DEL B. PASCUA**  
Undersecretary

